

FEEDING SUPPORT GROUP

Warm and welcoming weekly sessions with other local parents. Come along with your little one chat to other parents about how feeding is going, share stories and get advice and support from our Infant Feeding Practitioners. No Booking needed; spaces are limited and available on a first come first serve basis

- Mon: 9:45 11:30am Havelock Children's Centre, Trubshaw Rd, UB2
- Mon: 1:00 2:15pm John Perryn Children's Centre, Long Drive, W3
- Tue: 1:00 3:00pm Southall Park Children's Centre, Green Dr, UB1
- Tue: 1:00 3:00pm Islip Manor Children's Centre, Eastcote Lane, UB5

Wed: 1:30 – 4:00pm Grange Children's Centre Church Place, Ealing, W5 (Mums only)

*sessions at Southall Park Children's Centre are delivered in partnership with West Middlesex Infant Feeding Team.

> For more information Please call 0208 102 5888 or email clcht.ealingbreastfeedingsupport@nhs.net



