

# EXCEPTIONAL ORTHOPAEDIC CARE

WORLD LEADERS IN ORTHOPAEDIC  
DIAGNOSTICS AND TREATMENT

— THE —  
HARLEY STREET CLINIC®

THE LISTER HOSPITAL  
chelsea

London Bridge Hospital

**The Portland Hospital**  
for Women and Children

THE PRINCESS GRACE HOSPITAL

The Wellington Hospital

The Wilmslow Hospital

**ISEH** INSTITUTE  
OF SPORT  
EXERCISE  
& HEALTH



HCA Healthcare UK

# ORTHOPAEDIC CARE

Our world-class orthopaedic and trauma consultants treat the full range of musculoskeletal conditions, caring for patients of all ages across our unrivalled orthopaedic network.

Patients can access same day appointments and diagnostics using the widest range of imaging modalities, including SPECT-CT, Standing CT and MRI scans.

## HCA UK - at the forefront of outstanding care

At HCA Healthcare UK, we pride ourselves on delivering the highest standards of orthopaedic care to our patients at all times.

We continually invest in state-of-the-art diagnostics and the very latest innovation techniques, including ExcelsiusGPS® and MAKO revolutionary robotics for minimally invasive surgery. Patients visiting us can expect to receive a rapid, comprehensive and expert-led diagnosis and holistic treatment plan. This can range from simple advice through to physiotherapy, minimally-invasive modalities and, where required, complex surgery undertaken using the latest evidence-based techniques.

## Highly specialised treatment of sports injuries

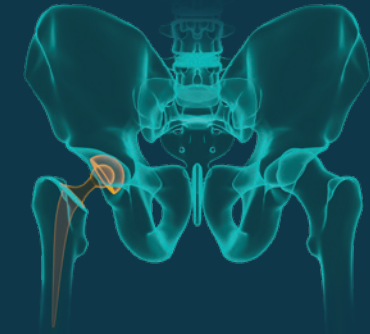
We offer comprehensive aftercare and rehabilitation at our renowned orthopaedic centres and sports institutes.

When it comes to providing sports and exercise medicine, we lead the field in the diagnosis and management of sports injuries. The Institute of Sport Exercise and Health (ISEH) is a centre of excellence for sports medicine, dedicated to treating everyone from Olympic and amateur athletes to national sport teams and young adults with sports injuries.

## Leading intensive care facilities

We've Level 2 and 3 intensive care facilities in all of our London hospitals, meaning we're able to receive orthopaedic trauma patients, including patients who are being repatriated from abroad and those who require complex spinal procedures where intensive care facilities are often essential.

# BENEFITS OF ROBOTIC SURGERY



- ✓ Better motion and function
- ✓ Minimal scarring
- ✓ Fewer complications
- ✓ Faster recovery times
- ✓ Accurately positioned, longer-lasting implants
- ✓ Reduced post-operative pain



# Rapid access into HCA UK's unrivalled orthopaedic network:

World-class consultants offering the full spectrum of care within CQC 'Outstanding' hospitals

Same day appointments and assessments using a wide range of state-of-the-art diagnostics, surgical techniques and equipment

Multidisciplinary team (MDT) working ensuring the most appropriate clinicians treat patient subspecialty

Comprehensive aftercare and rehabilitation

Excellent outcomes with minimal adverse complications, treating patients in volumes unmatched in the private sector



## 5,000

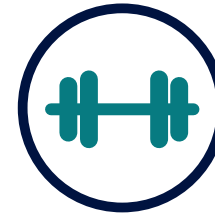
We're London's largest orthopaedic network – our clinicians perform over **5,000** hip and knee replacements across their practices each year.

## Our multidisciplinary team

We host regular MDT meetings, where groups of specialists discuss individual cases and together design the most appropriate treatment plan for the patient. They're often attended by as many as 10 different medical professionals, including:



Consultant orthopaedic surgeons



Sports and exercise medicine consultants



Consultant musculoskeletal radiologists



Consultant musculoskeletal rheumatologists



Pain medicine consultants



Musculoskeletal physiotherapists



Hand therapists



Orthopaedic Clinical Nurse Specialists (CNSs)

Together, these specialists have the combined expertise, experience and understanding of a whole team of world-class clinicians in specialty and sub-specialty areas. Patients can be assured they'll receive the most effective personalised treatment plan, underpinned by rigorous clinical governance structures.



To see a full list of orthopaedic consultants, please visit HCA UK Consultant Finder at [Doctify.com/hca](https://doctify.com/hca)

# ORTHOPAEDIC DIAGNOSTICS AND TREATMENTS

There's no need to wait. We aim to offer same-day appointments, advanced diagnostics and rapid access to pioneering treatment. All scans are reported by specialist radiologists including musculoskeletal or neuroradiologists.

## For fast-track enquiries and referrals:

### Self-pay patients:

**T +44 (0)20 3993 0811**

### Insured patients:

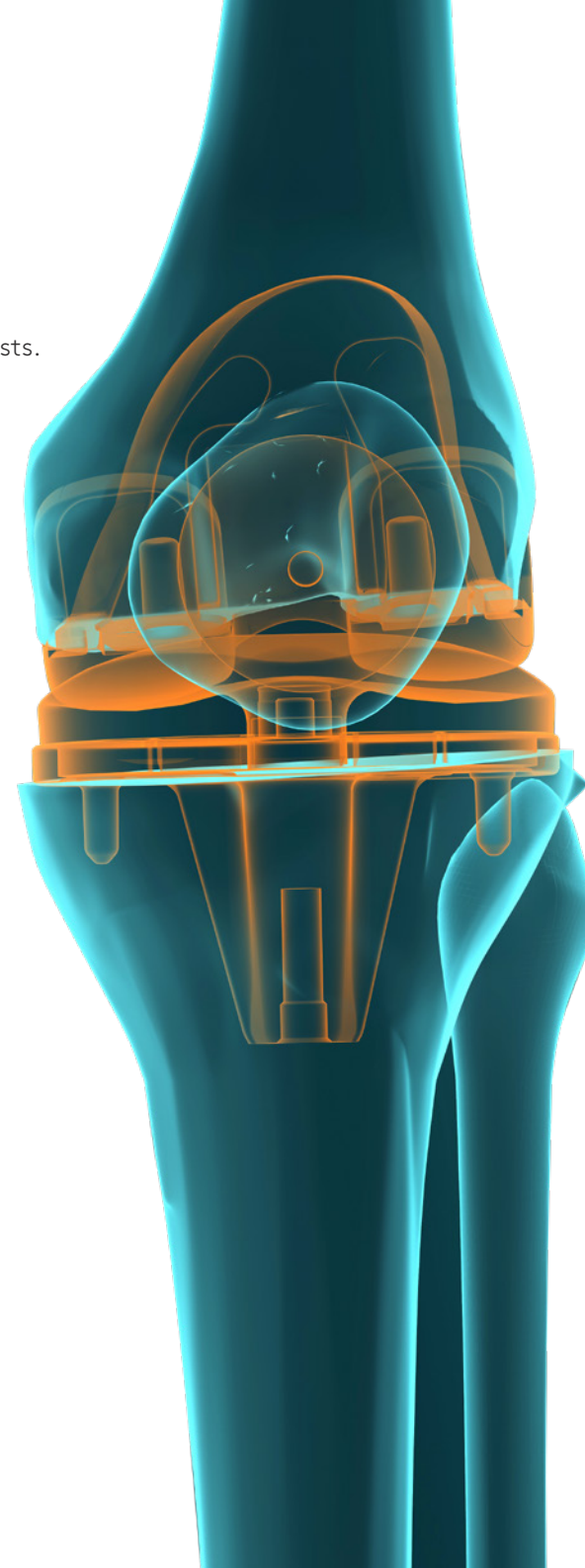
**T +44 (0)20 3553 6065**

We provide clear and transparent quotes for all of our treatments.

## PRICE GUIDE

Treatment	Prices from*
Knee MRI	£815
Hip MRI	£815
Foot/Ankle Standing CT scan	£665
SPECT-CT scan	£1,441
Knee Arthroscopy	£3,125
Knee replacement (Three nights stay on HCA UK site)	£14,850
Hip replacement (Three nights stay on HCA UK site)	£12,518

\*Prices are as at June 2021 and subject to change.



## Conditions we cover

We cover the complete range of orthopaedic conditions, including:

**SHOULDER AND ELBOW** – fractures and dislocation, tendon injuries, instability, arthritis and ligament injuries.

**HIP AND PELVIS** – arthritis, lateral hip pain, femoroacetabular impingement (FAI), fractures and labral tears.

**KNEE** – anterior cruciate ligament (ACL) injuries, cartilage injuries (meniscus injury), osteoarthritis, patella instability, muscle strains and sprains.

**SPINE** – osteoarthritis, ankylosing spondylitis, scoliosis, slipped disc and back pain.

**PERIPHERAL NERVE** – nerve damage caused by trauma or following bone fixation, nerve pain, benign and malignant nerve tumours, brachial plexus injury and thoracic outlet syndrome.

Our world-leading Peripheral Nerve Injury units at The Wellington Hospital for adults and The Portland Hospital for children offer nerve root re-implantation into the spinal cord after major brachial plexus injury and functional muscle transfer programme.

**PAEDIATRIC** – at The Portland Hospital we regularly treat children with spinal conditions such as scoliosis (curvature of the spine).

**HAND AND WRIST** – carpal tunnel syndrome, Dupuytren's disease, fractures and ligament injuries, De Quervain's tendonopathy and trigger finger and osteoarthritis.

**FOOT AND ANKLE** – arthritis, sprains, ankle instability, achilles tendon injuries and bunions.

**SPORTS MEDICINE** – the ISEH is a centre of excellence in London and offers cutting-edge research and clinical practice for elite and amateur sportspeople. Our world-leading institutes of health and exercise performance include biomechanics and biochemistry laboratories, cognitive suite, environmental, hydrotherapy and cryotherapy chambers and a 3D performance capture hall. Our aim is to return all patients to the highest level of sporting ability.

## How we work

World-class consultants offering the full spectrum of care within CQC 'Outstanding' hospitals

Latest evidence-based care and treatment coordinated by top specialist orthopaedic consultants, many of whom hold active posts in top NHS teaching hospitals

MDTs featuring highly experienced world-class clinicians in specialty and sub-specialty areas, who together will support and guide each patient's onward care

Rigorous clinical governance structures

HCA UK recently launched an Orthopaedic and Trauma Rehabilitation Programme at our London Bridge Hospital. This service is aimed at patients who require complex surgery and comprehensive rehabilitation following major trauma, including repatriation of patients from abroad. Led by London's leading NHS trauma doctors, patients will receive first rate surgical care in outstanding facilities.



## Get in touch

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