



## FREE AND CONFIDENTIAL ADVICE SERVICE FOR WOMEN AND GIRLS

If you have experienced any form of sexual or domestic violence currently or in the past  
We are here to offer you emotional support and practical advice.

Call us on our free phone number

0808 801 0660

Or email us  
[advice@wgn.org.uk](mailto:advice@wgn.org.uk)

Opening times:  
Monday - Friday 10am - 4pm and  
Late evening Wednesday 6- 8pm

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Advice Line primarily covers the following London boroughs, Brent, Bromley, Croydon, Ealing, Hammersmith and Fulham, Harrow, Hillingdon, Hounslow, Kensington and Chelsea, Kingston on Thames, Lambeth, Lewisham, Merton, Richmond, Sutton, Wandsworth and Westminster. However we can provide support in other boroughs.

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## ADVICE SERVICE

WGN Advice service, as part of Ascent consortium, provides free and confidential information, advice and support to women and girls experiencing domestic and sexual violence.

- Advice Line: provides free, confidential and accessible information and support, designed to enable callers to explore and have an understanding of the options available to them, in a safe non-judgmental space. Specialist information is available on a wide range of topics such as personal safety, housing, welfare benefits, legal options and processes, immigration and emotional wellbeing. The advice line will also signpost/refer to other specialist local services available under the Ascent Consortium.
- Group Work: Six sessions provided in a workshop format, focusing on different themes to rebuild confidence, emotional wellbeing and create awareness around healthy relationships. Groups will take place in the London borough of Ealing, Hounslow and Hillingdon.
- One to one support: Offering women and girls short term, holistic, face to face practical and emotional support within an empowering framework. This includes safety planning, risk assessment, support to access health, therapeutic, legal and any other appropriate specialist services, as well as offering emotional support, with the overall aim of empowering the client to enhance her safety and regain control over her life.

For more information or to make a referral, please contact:

Freephone Number: 0808 801 0660

Email: [advice@wgn.org.uk](mailto:advice@wgn.org.uk)

