

**Acton & Central Ealing Early Start Health Visiting Team**  
**Duty Desk Contact: 020 8383 8748 (09.00 – 16:30hrs)**  
[LNWH-tr.ACE-EarlyStartEaling@nhs.net](mailto:LNWH-tr.ACE-EarlyStartEaling@nhs.net)

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>Helpful Info</b>
<p><b>WEIGH ONLY Clinic</b>  <b>For 0-12 months</b>  <b>Acton Health Centre</b>                      35 – 61 Church Road                      W3 8QE                      9.30 – 11.30a.m.</p>	<p><b>Child Health Clinic</b>  <b>Acton Health Centre</b>                      35 – 61 Church Road                      W3 8QE                      12.30 – 2.30p.m.</p>	<p><b>Child Health Clinic</b>  <b>Mattock Lane Health Centre</b>                      78 Mattock Lane                      W13 9NZ                      1<sup>st</sup> &amp; 3<sup>rd</sup> Wednesday                      12.30 – 2.00p.m.</p>	<p><b>Child Health Clinic</b>  <b>LOG CABIN Children's Centre</b>                      259 Northfield Avenue                      W5 4UA                      2<sup>nd</sup> &amp; 4<sup>th</sup> Thursdays                      09.30 – 11.00a.m.</p>	<p align="center"><b>Developmental Reviews are appointment only between the ages of:</b>                      9-12 months                      And                      2 - 2 ½ years                      020 8383 8767</p>
<p><b>Child Health Clinic</b>  <b>Hathaway Children's Centre</b>                      Hathaway Gardens                      W13 0DH                      2<sup>nd</sup> &amp; 4<sup>th</sup> Monday                      1.00 – 2.45p.m.</p>	<p><b>Recommended Weighing Schedule</b></p> <ul style="list-style-type: none"> <li>• Birth, 5 days &amp; 10 Days(Midwife)</li> <li>• 6-8 weeks</li> <li>• 12 weeks</li> <li>• 16 weeks</li> <li>• 1 year</li> <li>• 2 years</li> <li>• 3 years</li> <li>• 4years</li> </ul>	<p><b>Introduction to Solids</b>  <b>Mattock Lane Health Centre</b></p> <p>Babies 20-28 weeks                      2<sup>nd</sup> &amp; 4<sup>th</sup> Wednesday of the month                      2.30 – 3.30p.m.                      Ring to book                      Tel: 020 8383 5757</p>	<p><b>Child Health Clinic</b>  <b>John Perryn Children's Centre</b>                      Long Drive, W3 7PD</p> <p>1<sup>st</sup> &amp; 3<sup>rd</sup> Thursdays                      9.30 – 11.00a.m.  <b>NO HEALTH VISITOR</b></p>	
<p><b>Child Health Clinic</b>  <b>St. Peters Church Hall</b>                      Mount Park Rd                      W5 2RU                      1<sup>st</sup> &amp; 3<sup>rd</sup> Mondays                      2.00 – 4.00p.m.</p>				

If your child is unwell please seek medical advice from your GP.  
If you have an urgent concern you are able to seek medical advice from one of the following...

**Chelsea and Westminster Hospital Emergency Department**  
369 Fulham Road, SW10 9NH

**St Mary's University Hospital Emergency Department**  
Praed Street, W2 1NY

**Northwick Park Hospital Emergency Department**  
Watford Road, Harrow, HA1 3UJ

**West Middlesex Hospital Emergency Department**  
Twickenham Road, Isleworth, TW7 6AF

**Hammersmith Ambulatory Unit, Children's Outpatients, D Block, Hammersmith Hospital, W12 0HS (Non-Emergency)**  
Mon – Fri 9am-5pm  
Peak times 3-5pm  
Telephone: 020 3313 4727

\*Emergency number – 999  
\*NHS Non-Emergency Number - 111

