



Imperial College Healthcare
NHS Trust

NHS Breast Screening Programme

What is breast screening?

A test that looks for early signs of breast cancer in people without symptoms

- Helps people to get early treatment
- Higher chance of survival
- FREE service provided by the NHS

**Breast Screening
saves lives!**

- 1300 lives are saved in England each year by breast screening

Who can be screened?

- Women
- 50-71 years old
- First invitation will be delivered before their 53rd birthday
- Every 3 years

Anyone aged 71 and over
can request to be
screened by contacting the
Hub:

020 3758 2024

How are women invited? – The Hub

- Invitation letters sent out with a booked appointment (date and time) from the Hub
- Main admin office for all London screening programmes
- Based on Next Test Due Date (NTDD)
- Email notification if more than 50 women at your practice is registered with a practice are selected to be invited

How are women invited?

- Nearest screening clinic: **Hanwell Medical Centre**
- Women can change or cancel the appointment via the Hub or by the online website [here](#)
- Text reminders are sent **7 days and 48 hours before the appointment**

The Hub contact details:
020 3758 2024

When to contact the Hub

IF A WOMAN IS

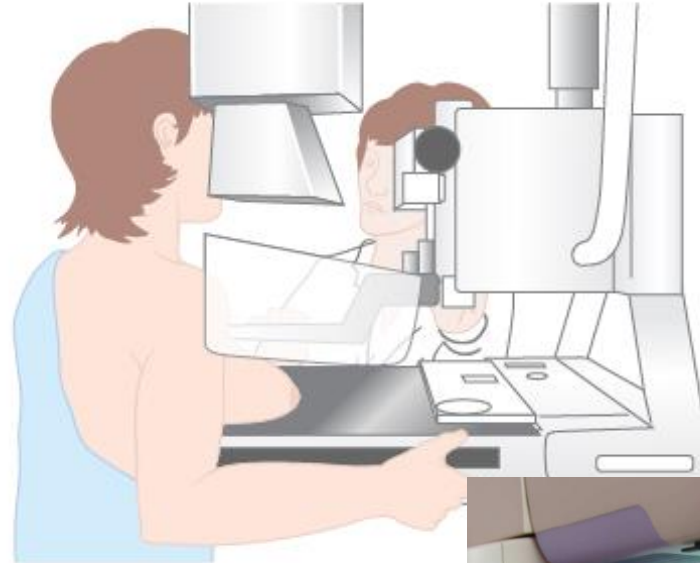
- Aged 53 to 71 and has **never been** to a breast screening appointment
- Aged 53 to 71 and **hasn't been** to a breast screening appointment in the **last 3 years**
- Over 71 and would like to be **routinely invited** for breast screening appointment

Please ask them to contact the Hub to book in for a breast screening appointment:

020 3758 2024

What happens at the appointment?

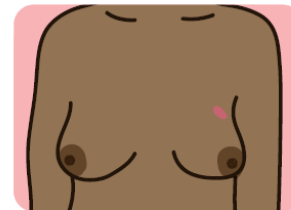
- **Only female** mammographer
- Undress from the waist up
- Uses an X ray machine
- 2 images of each breasts will be taken
- Appointment is less than 10 minutes
- Results given within 2 weeks after the appointment
 - Copy sent to the patient and their GP
- Women with implants but still have breast tissue, should go for their breast screening appointment



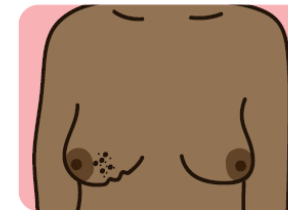
Being Breast Aware

- It is important for women to check their breasts
 - Between screening appointments
- This should be done every month
- Not during the menstrual cycle
- TOUCH your breasts
- LOOK for changes
- CHECK any changes with your GP

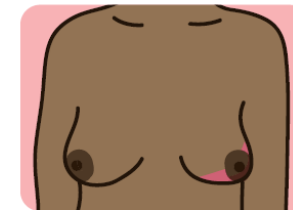
Know your normal!



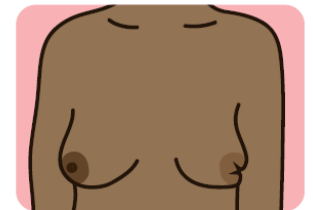
A **lump or swelling** in the breast, upper chest or armpit



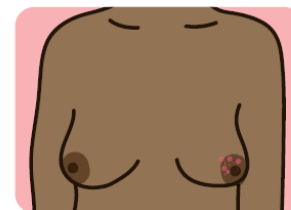
A **change to the skin**, such as puckering or dimpling



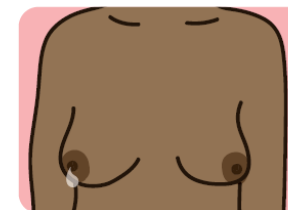
A change in the **colour** of the breast – the breast may look red or inflamed



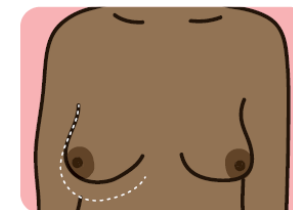
A **nipple change**, for example it has become pulled in (inverted)



Rash or crusting around the nipple



Unusual liquid (discharge) from either nipple



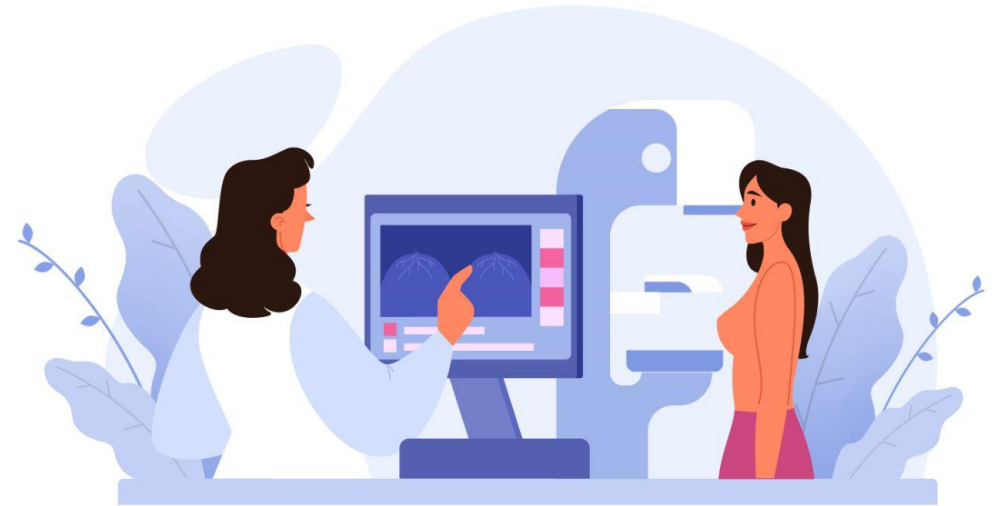
Changes in size or shape of the breast

BREAST PAIN

On its own pain in your breasts is not usually a sign of cancer. But look out for pain in your breast or armpit that's there all or almost all the time.

Messages to highlight

- Encourage women to take up their screening invitation
- Direct women who are eligible to the Hub if they want to book an appointment
- Appointment takes less than 10 minutes
- Female only mammographer at the appointment
- Encourage women to check their breasts



Breast screening pathway

